

CONQUERING COMPLAINING

How to Enjoy the Rest of Your Life
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“Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe.”
Philippians 2:14-15 (NLT)

I. FOUR COMMON TYPES OF COMPLAINERS

1. THE _____: “IT’S NOT FAIR, I DON’T DESERVE THIS”

“When they received it, they began to grumble against the landowner. ‘These who were hired last worked only one hour,’ they said, ‘and you have made them equal to us who have borne the burden of the work and the heat of the day.’
Matthew 20:11-12

2. THE _____: “NO ONE APPRECIATES ME”

“If this is how you are going to treat me, please go ahead and kill me—if I have found favor in your eyes—and do not let me face my own ruin.” Numbers 11:15

3. THE _____: “NOTHING WILL EVER CHANGE”

(Solomon) “What has been will be again, what has been done will be done again; there is nothing new under the sun.”
Ecclesiastes 1:9

4. THE _____: “IS THAT THE BEST YOU CAN DO?”

“Barnabas wanted to take John, also called Mark, with them, but Paul did not think it wise to take him, because he had deserted them in Pamphylia and had not continued with them in the work.”
Acts 15:37-38

II. HOW TO CONQUER COMPLAINING

1. _____ IT’S A PROBLEM

“A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.” Proverbs. 28:13 (LB)

2. _____ RESPONSIBILITY FOR MY OWN LIFE

“Some people ruin themselves by their own stupid mistakes and then blame the Lord.” Proverbs 19:3 (GN)

3. DEVELOP THE ATTITUDE OF _____

“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.” I Thessalonians 5:18

“... I have learned to be content whatever the circumstances.”
Philippians 4:11

4. LOOK FOR _____ IN CIRCUMSTANCES

“This small and temporary trouble we suffer will bring us a tremendous and eternal glory, much greater than the trouble. So we fix our attention, not on the things that are seen, but on the things that are unseen. What is seen lasts only for a time, but what cannot be seen lasts forever.” 2 Corinthians 4:17-18 (GN)

5. PRACTICE SPEAKING _____

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.” Ephesians 4:29

“Don’t keep on scolding and nagging your children, making them angry and resentful. rather, bring them up with loving discipline ... and godly advice.” Ephesians. 6:4 (LB)

NOTES: _____
