

NEW SERIES:  
"HOW TO ENJOY THE REST OF YOUR LIFE"

OVERCOMING MY FEAR OF COMMITMENT

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I. THE IMPORTANCE OF MAKING COMMITMENTS

MY COMMITMENTS...

\* REVEAL MY \_\_\_\_\_

"No one can serve two masters." Matthew 6:24 (NASB)

\* SHAPE MY \_\_\_\_\_

"Your life is shaped by your thoughts." Proverbs 4:23 (GNT)

\* DETERMINE MY \_\_\_\_\_

"What good is it for a man to gain the whole world, yet forfeit his soul? What can a man give in exchange for his soul?"

Mark 8:36-37 (NIV)

II. WHY WE FEAR MAKING COMMITMENTS

FOUR COMMON BARRIERS

1. PAST \_\_\_\_\_

2. SELF \_\_\_\_\_

"A double-minded man is unstable in all his ways."

James 1:8 (KJV)

3. A \_\_\_\_\_ FOR INDEPENDENCE

4. \_\_\_\_\_

"If you wait for perfect conditions, you'll never get anything done." Ecclesiastes 11:4 (GN)

III. HOW TO OVERCOME THE FEAR OF COMMITMENT

1. ASK GOD FOR \_\_\_\_\_

"If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." James 1:5 (NIV)

2. COMPARE THE BENEFITS WITH THE \_\_\_\_\_

"It is a trap for a man to dedicate something rashly and only later to consider his vows." Proverbs 20:25 (NIV)

Jesus: "Don't begin until you count the cost."

Luke 14:27 (LB)

3. \_\_\_\_\_ TO KEEP MY COMMITMENTS

"Commit everything you do to the Lord. Trust him to help you do it, and he will." Psalm 37:5 (LB)

"It is God who is at work within you, giving you both the will and the power to achieve his purpose."

Philippians 2:13 (PH)

"... God is able to keep that which I've committed unto him..." 2 Timothy. 1:12 (KJV)

"The eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him."

2 Chronicles 16:9 (NIV)

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